

PALAK APPLE SALAD

INGREDIENTS :

- Palak (Spinach) – ½
- Apple – 1
- Onion – 1
- Walnuts – 4 to 5 soaked
- Salt to taste
- Lime Juice
- Chat Masala

Process :

Wash the Spinach well and cut it into ½ pieces. Slice the apple and onion. Put them in a bowl. Spread the soaked almonds and add pink salt to taste and little lime juice over it. Add Chat masala for taste.

For topping: you can add berries, if available.